

## SECTION .1300 – ADMINISTRATION

### 10A NCAC 14F .1301 STAFF REQUIREMENTS AND RESPONSIBILITIES

(a) Each program shall be conducted utilizing an interdisciplinary team composed of a program director, medical director, nurse, program staff, mental health professional, dietitian or nutritionist, supervising physician, physician assistant or nurse practitioner, and a DVRS or other vocational rehabilitation counselor. The program may employ (full-time or part-time), or contract for the services of team members. Program staff shall be available to patients to perform initial assessments and to implement each patient's cardiac rehabilitation care plan.

(b) Individuals may perform multiple team functions listed in this Rule, if within their scope of practice as determined by their respective occupational licensing board:

- (1) Program Director - supervises program staff and directs all facets of the program.
- (2) Medical Director - physician who provides medical assessments and is responsible for supervising all clinical aspects of the program and for assuring the availability of emergency procedures, equipment, testing equipment, and personnel.
- (3) Nurse - provides nursing assessments and services.
- (4) Program Staff - provides an exercise assessment and plans and evaluates exercise therapies in consultation with the medical director.
- (5) Mental Health Professional - directly provides or assists the interdisciplinary team in completion of the mental health screening and referral, if further mental health services are necessary.
- (6) Dietitian or Nutritionist - directly provides or assists the interdisciplinary team in completion of the nutrition assessment and referral, if further nutrition services are necessary.
- (7) Supervising Physician, Physician Assistant, or Nurse Practitioner - medical person who is on-site during the hours of operation of programs that are not located within a hospital.
- (8) DVRS or other Vocational Rehabilitation Counselor - screens patients who may be eligible for and interested in vocational rehabilitation services, develops assessment and intervention strategies, and provides other services to meet the vocational goal(s) of those patients.

*History Note: Authority G.S. 131E-169;  
Eff. July 1, 2000;  
Readopted Eff. June 1, 2018.*